Students getting it rite

YEAR 9 students at Bray Park's Genesis Christian College have set off on The Rite Journey.

The year-long program will guide them from adolescence into young adulthood.

It is designed so students have conversations on topics that matter to them with teachers and is taught in same-gender classrooms.

The Rite Journey enables students to build honest and respectful relationships with peers, parents and teachers and reinvents the idea of a rite of passage to guide teens to make responsible choices.

"Our students are embracing this program," said middle school curriculum coordinator Nichola Welsh. Part of the program involves students going "cold turkey" with no electronic devices for 24 hours. "These young people are spending so much time in front of screens and so little time in front of people," said Andrew Lines, co-creator of The Rite Journey.

"We're living in a society where young people are being bubble wrapped. They aren't able to experience risk and failure and build resilience," he said.